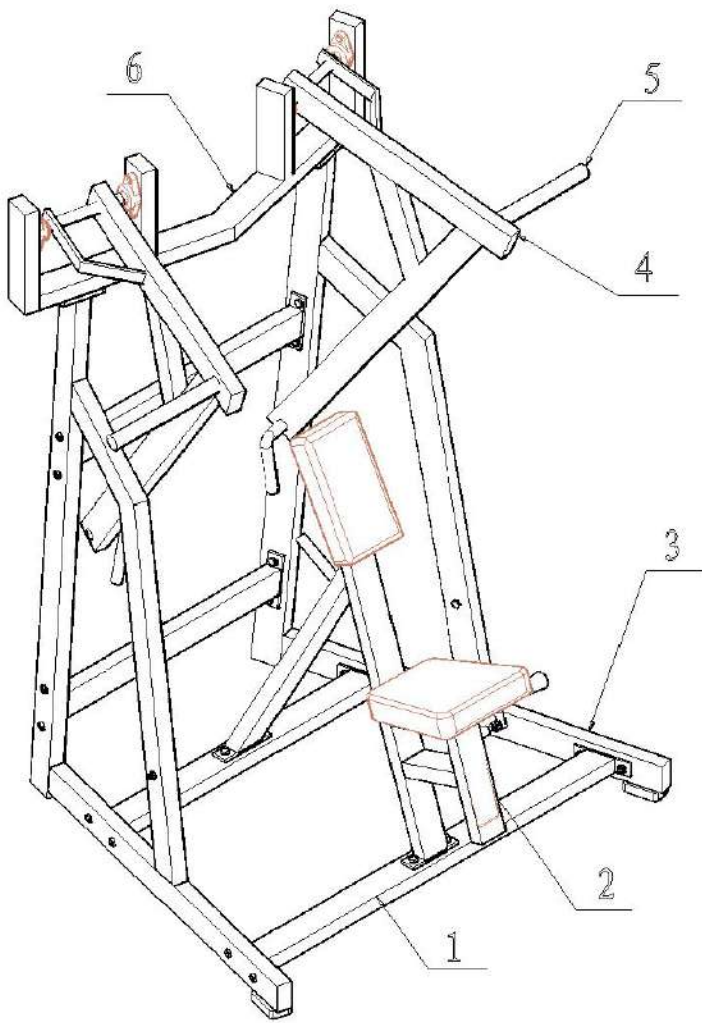


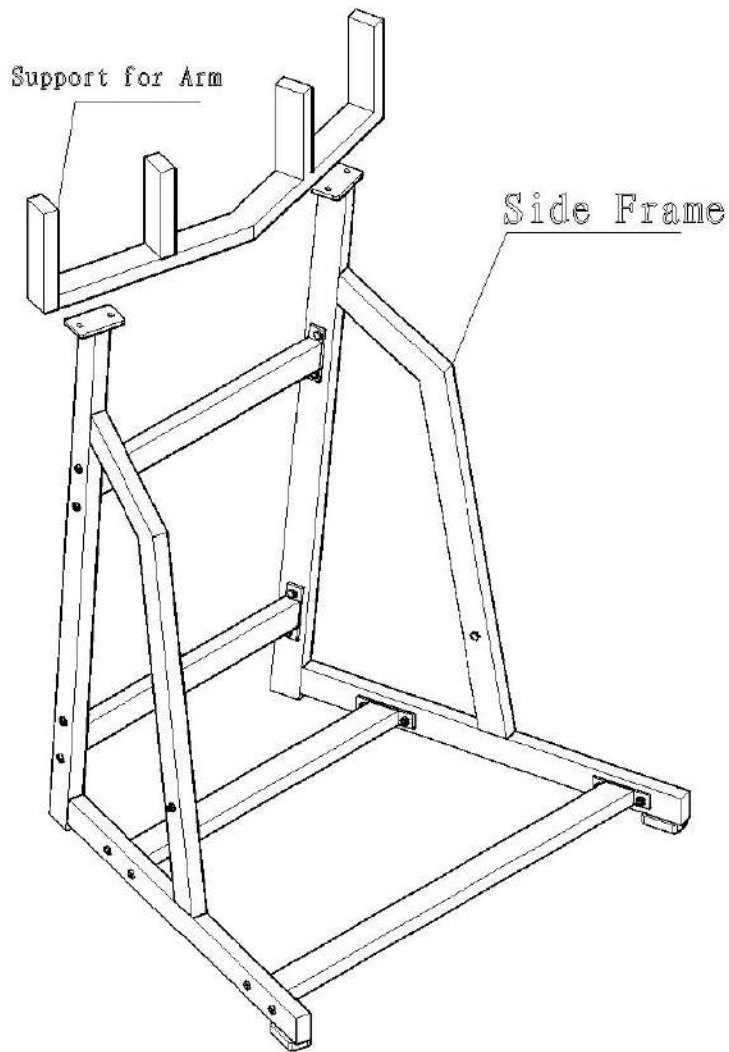
# *ASSEMBLY INSTRUCTION*

*Iso-Lateral Low Row*  
*HS-1009*

*SHAN DONG REALLEADER FITNESS CO., LTD*

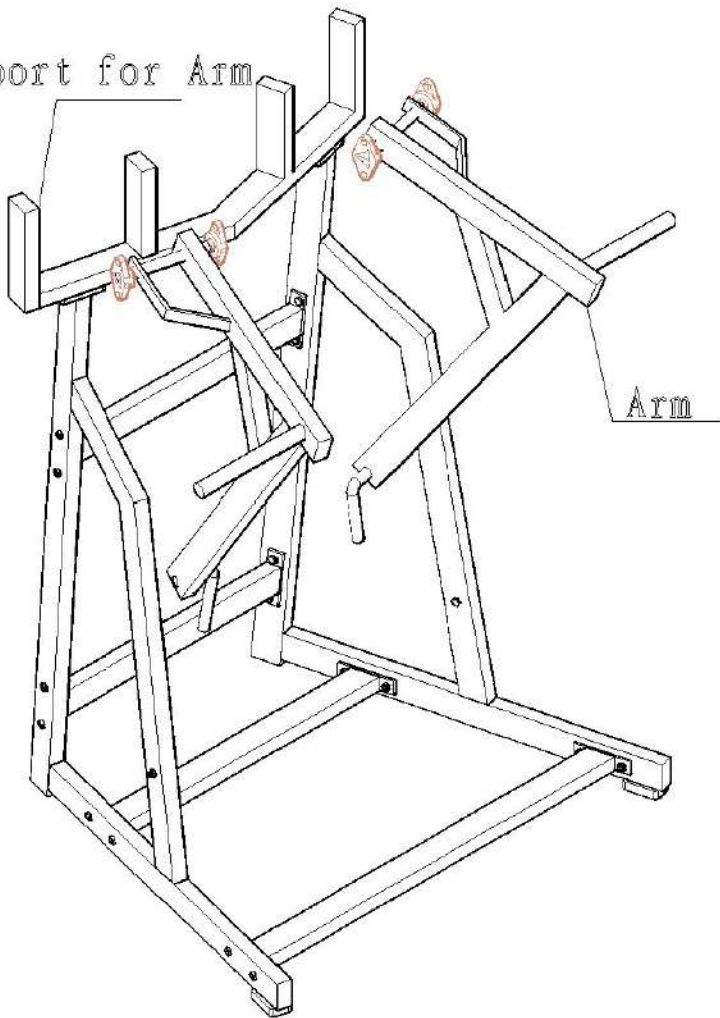


- 1 Beam
- 2 Seat Frame
- 3 Side Frame
- 4 Arm
- 5 Barbell Sleeve
- 6 Support for Arm

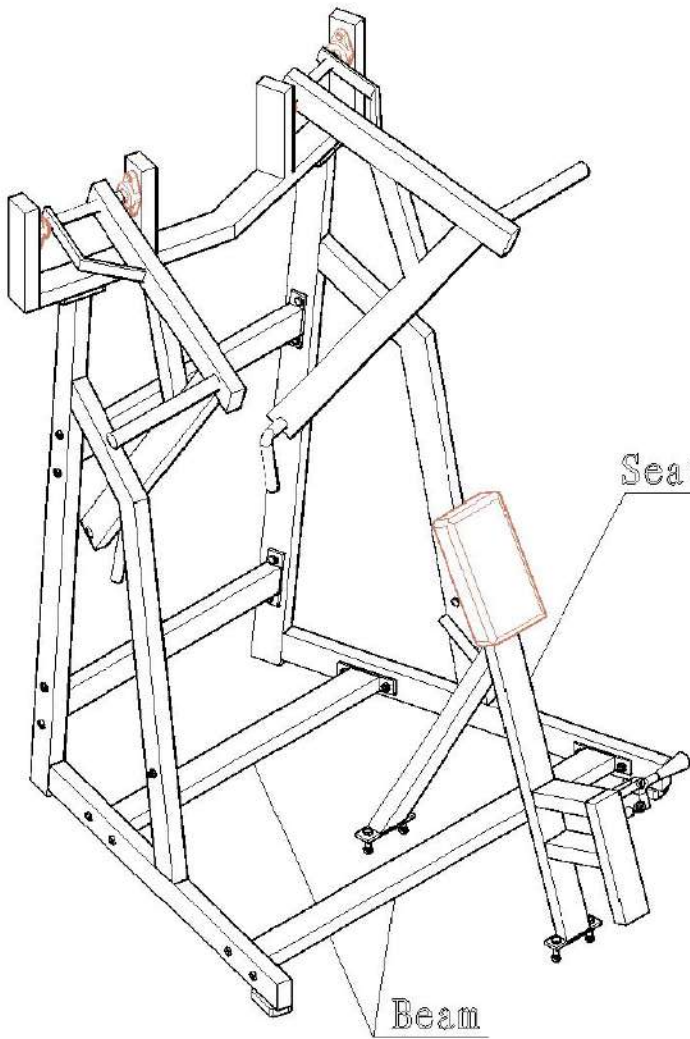


Install the support for arm  
to side frames.

Support for Arm



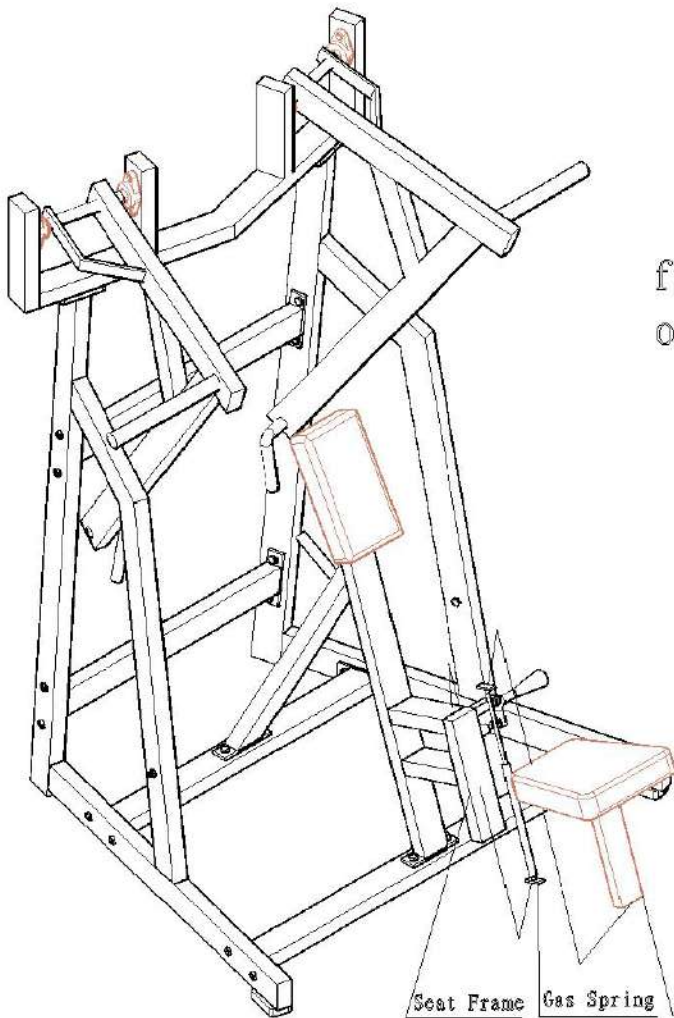
Install arms to the support  
for arm.



Install the seat frame to beams.

Seat Frame

Beam



Install the gas spring and seat frame successively into the groove of the seat frame.

Seat Frame Gas Spring Seat Frame